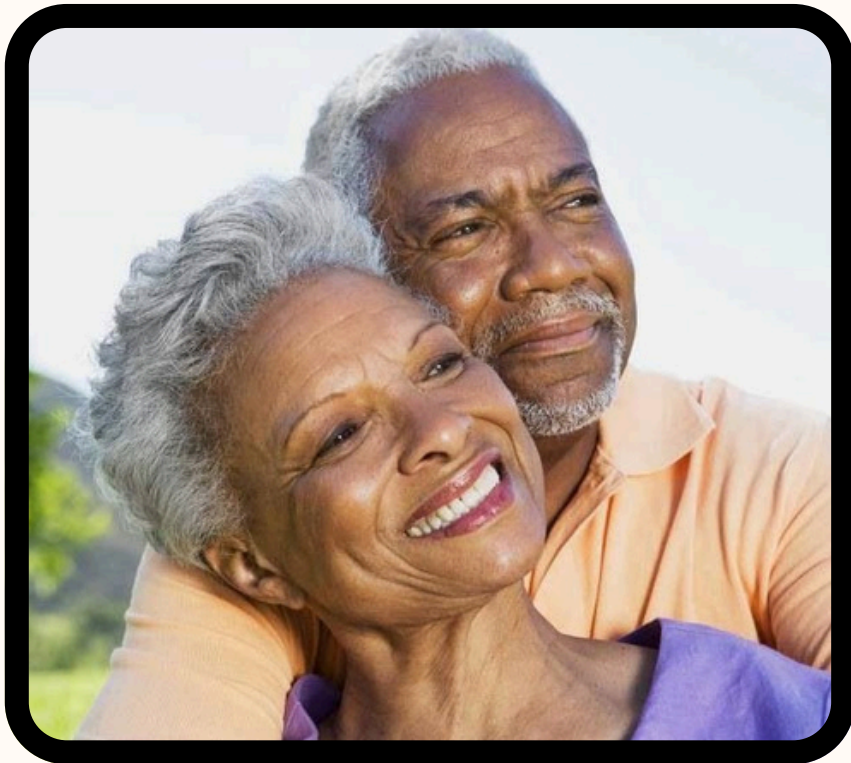




PRINCIPLES OF LONGEVITY



Text: Ephesians 6:1–3

Principles are fundamental truths or rules that guide a person/people.

God is a God of principles, as such there are principles that governs everyone in God's Kingdom. The principles of longevity are key truths documented in scriptures that guarantees long life on earth.

There are three (3) key principles that for longevity:

1. Obedience to your parents in the Lord:

Ephesians 6:1-3; “Children, obey your parents in the Lord; for this is right. Honor thy father and mother; which is the first commandment with promise; that it may be well with thee, and thou mayest live long on earth”.

Father and mother here refers to your spiritual parents; they are your parents in the Lord, as they occupy an office and represent a spiritual covering over you.

Obedience to your parents **in the Lord** establishes a hedge of protection over you. It is when the hedge is broken that the devil can bite. In IWMI, the ED has always emphasized that nothing can happen to her children (gatekeepers in IWMI) without her knowledge, in other words alignment and obedience of this authority assures your preservation. Honor gives longevity but it needs the other 2 principles to work better.

2. Choosing words of life and not accepting death:

Proverbs 18:21 (KJV); “Death and life are in the power of the tongue: And they that love it shall eat the fruit thereof”. The message translation says; “Words kill, words give life; they’re either poison or fruit—you choose”.

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You must be conscious of what you accept into your being, meaning anyone that has died on earth has in one way or the other accepted death. This may have been at the time of sickness, crisis, or any other season of one's life. Therefore, you must be careful of the words you speak, always speak life over your children and all that you have regardless of the situation.

Never accept death with your mouth (spoken word), there are so many people in the hospital beds that are still alive because they have not accepted death with their words even if they are in pain.

3. relevant work for the Kingdom of God:

Psalms 118:17 (KJV); "I shall not die, but live, and declare the works of the LORD".

This is the most important of them all, however the other 2 principles are also important. It is the work of God in your hands that guarantees your preservation. Nothing can kill you because you are doing something relevant in the kingdom.

This truth was illustrated in the life of Hezekiah in 2 Kings 20. A message was delivered to Him through the Prophet Isaiah; the Lord informed him to put his house in order, for he was about to die following an illness. But he did not accept the death, rather he brought forth his strong reasons, he reminded God of his relevance in the kingdom. While he prayed the Lord sent the same Prophet, back to him with a message of life. In this scripture, we can see that Hezekiah applied the 3 principles of longevity.

It was never documented that he dishonored his spiritual covering (the prophet Isaiah), he did not accept death with his heart or his words and he was relevant to the kingdom.

In conclusion, to live a long life you must apply these principles of longevity.